



# LET'S GO

by Merry Bradshaw

**Stretch High**  
**Stretch Wide**  
**Jump Forward**  
**Jump Back**

**Lean Left**  
**Lean Right**  
**Hop Once**  
**Hop Twice**



**Reach Up**  
**Reach Down**  
**Twist Small**  
**Twist Tall**

**Shake Fast**  
**Shake Slow**  
**Touch Nose**  
**Touch Toes**

**Stand Up**  
**Let's Go!**